

Welcome to RVMS 2010 Ski /Snow Boarding. Here are a few hints that might make your trip more fun:

1. Wear warm layered clothes, hats and water proof pants, plus water proof gloves. If it becomes warm, you can always take a layer of clothes off. Knit mittens will generally not keep your hands warm enough. If you are a first time boarder or skier, plan on sitting in the snow a lot.
2. You may bring your own lunch or purchase a lunch in their cafeteria. When you eat is totally up to you, we do not break at a certain time for lunch.
3. Bring 4 quarters for a locker to store your shoes and possibly lunch in. Every time you open the locker it will cost you another dollar to relock it. Many times students share a locker.
4. Do not plan on keeping your things on the bus. Once we leave the bus, we will not reenter it until 4:15p.m., when we are loading to come home.
5. Bring and wear sun block and sun glasses or goggles. The sun reflects off the snow and you can get a pretty bad sun burn on your face and eyes.
6. The only beverage allowed on the bus is water. Remember no glass on the bus. Plan on eating and drinking soda or hot chocolate off the bus.
7. You are responsible for your lift ticket and rental equipment. Make sure your lift ticket is securely fastened to your clothing. Do not take off your equipment on a tough run and send it down the hill ahead of you.
8. Beginner ski/boarders are to stay on the bunny hill until they are approved by the instructor or a chaperone to go to Midway. Do **not** go to the top of the mountain on your first trip to Sunrise.
9. Ski or board with a buddy.
10. If you are injured go to the first aid station or have your ski/board buddy find a ski patrol. Have a student place my name on the white board by the high speed quad lift that goes to the top of the mountain. You will always be able to find me in one of three places: the cafeteria, coming down the mountain from the top or on the high speed quad on Sunrise Mountain.
11. You must be off the mountain at 4 p.m. and in the rental building returning your equipment or waiting to board the bus home. Please wear a watch so you know what time it is.
12. You must **hand all work that is due on the day of skiing/boarding before getting on the bus**. You also need to go between Zero, 1st or 2nd hour to get all your assignments from every class for the day. You are not considered absent from school and are responsible for your school work.
13. **Please have your parent be at the school at 5 p.m. to pick you up**. Please do not tell your parents you will call them when we get in
14. Do not leave Sunrise with your parent without letting me know first. If a student is planning on riding home with a friend's parent it must be approved through Mr. Rhoton – the RVMS Principal prior to our traveling.

If you have any questions about your trip please feel free to call me over the week-end. If for any reason you will not be able to attend, your money will be refunded or your name can be placed on the list for the next trip. Please call to let me know you will not be attending.
(h/333-4637 w/333-6717)